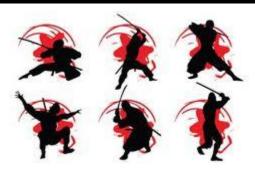
Ninjutsu Classes For Experienced



Ages 5 & Up

These TWELVE week martial art classes are designed to make your body strong and more flexible. You increase your range of motion, reaction time, agility and balance through consistent training in these classes, as well as, learn self discipline, confidence and to defend oneself!

Keith Barksdale, instructor, is a third degree black belt in Koga Black Dragon Ryu Ninjutsu who has been teaching students for over nine years!

*Student must have prior experience before taking these classes!

When: Beginning Thursday, October 6, 2011

Time: 6:00pm-7:00pm for **Ages 5-12**

7:00pm-8:00pm for Ages 13 & up

Where: Boones Mill Elementary School Cafeteria

Deadline to Register: Thursday, September 29, 2011

Cost: \$7.00 per class per student

To register: Please call the instructor and then fill out the back of this form and bring to 1st class! All fees will be paid to instructor each night.

Please call Keith Barksdale, instructor, at 540-793-6606 for more information.

<u>Franklin County Parks and Recreation Registration</u> <u>and Liability Waiver Form – 2011 Fall Experienced Ninjutsu Classes</u>

Name		Age	
Mailing Address			
City			
Email Address			
Home Phone:	Work Phone:	Cell Phone:	
including the instructions requirements of the pers	s of the person/or persons super son or entity responsible for the	gulations relating to this activity, vising this activity and/or the area where the activity is to take place. ons, instructions, and/or requirements.	
	my responsibility to maintain a	al condition when I agree in the activity, n activity level that is compatible with	
the result of participating	g in this activity and any transpo	or other loss that I might sustain as ortation related thereto. I further to and from the area where the activity	
I also expressly waive and covenant not to sue on any claim I might have against the County of Franklin, or any officer or employee of the County, or any volunteer, or the estate or representatives of such persons for any personal injury or loss that I might sustain as the result of engaging in any activity relating to this program whether caused by negligence, breach of contract, or otherwise: except that this waiver shall not apply to any claim I might have against the County (or its agents) for any such personal injury or loss I might sustain arising out of gross or wanton negligence of any such person or entity. I also give permission for my child to be photographed and his/her artwork to be used in any form of publication to promote Franklin County Parks and Recreation.			
Signature of Parent / (if participant is under 18	·		
I have the following physical impairments or medical conditions, including allergic reactions:			
Current medications that	participant is taking now:		
Name of Emergency C	ontact:		
Emergency Contact Ph	one Number:		